3rd Annual Nutrition Conference

Focused Aggressive Nutrition Therapy: Does It Really Improve Outcome?

Thursday, December 2, 2010 • 4 p.m. to 6 p.m.
Dorrance H. Hamilton Building • 1001 Locust Street, Philadelphia, PA

Accreditation Information
Jefferson Medical College of Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Jefferson Medical College designates this live activity for a maximum of 2 AMA PRA Category 1 Credits™.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Jefferson School of Population Health, is accredited by the Accreditation Council on Pharmacy Education (ACPE) as a provider of continuing pharmacy education and complies with the Quality Criteria for continuing education programming. This program (0079-9999-10-027-L01) is acceptable for 2 hours of continuing pharmacy education credit (2.0 CEUs) in states that recognize ACPE-accredited providers. Statements of Credit indicating hours/CEUs will be mailed within 6-8 weeks to participants who complete this activity and submit required participant information, including evaluation e-mail address.

Registered Dieticians: 2 Hours of Continuing Education Credit available

Registered Nurse participants will receive up to 2 contact hours.

Thomas Jefferson University Hospital is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
In the past 30 years, knowledge of the molecular and biological effects of nutrients in the care of complicated patients has grown exponentially. Traditional nutrition support has evolved into nutrition therapy in which the provision of nutrients can attenuate the metabolic response to stress. Professionals organizations, including the American Society for Parenteral and Enteral Nutrition, the Society for Critical Care Medicine, and the Canadian group, Critical Care Nutrition have issued evidence-based Clinical Practice Guidelines for the management of nutrition therapy.

International surveys have identified substantial practice gaps in the delivery of nutrition, markers of nutrition, and standardization of the definitions used in discussing nutrition therapy in both anatomically as well as physiologically complicated patients. All disciplines involved in caring for patients must have a solid understanding of the current literature as well as evidence-based clinical practice guidelines for providing nutrition therapy. Markers of nutritional status and standardization of definitions must be widely understood and shared. The limitations of frequently measured nutritional markers in the complicated medical and surgical patients must be appreciated if outcomes are to be meaningfully measured.

Defining malnourishment, gaining appropriate safe access whether it be enteral or parenteral, establishing nutritional goals using appropriate metrics is vital area of study in current literature. We must understand how these elements impact on our decision-making and ultimately the outcomes of our patients.

Learner Objectives

- Integrate evidence-based practice guidelines on nutrition therapy into patient care.
- Assess the benefits and limitations of frequently measured nutrition markers in medical and surgical patients.
- Assess nutrition therapy practices in light of the information gained during the course and identify specific strategies to implement as part of a continuing improvement process for their practices.

To register please use one of the following options:

Online: http://jeffline.jefferson.edu/jeffcme

Fax: You may fax this form with credit card payment to 215-923-3212

Phone: For further information, please call the Office of CME at 1-888-JEFF-CME or 215-955-6992

Mail: 3rd Annual Nutrition Conference Jefferson Medical College, Office of CME 1020 Locust Street, Suite M-5 Philadelphia, PA 19107

Payment: Please make check payable to Jefferson Medical College, Office of CME, or provide Credit Card Information. Do not send cash. Registration will not be processed unless full payment is received.

If you have any special needs, please contact the CME Office by November 25 at 1-888-JEFF-CME or 215-955-6992.